**Louisiana National Dual Team Training Camp**

2023 TEAM LOUISIANA NATIONAL DUALS

TEAM LEADER

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* **WHAT**
  + Team LA will be looking to represent the state across three separate age groups this June. We are gearing up to compete at Schoolboy (14U) National Duals in Oaks, PA, Cadet (16U) National Duals in Loves Park, IL and Junior National Duals in Tulsa, OK.
  + Training Camp will be held at the SROTC located at 2113 N. Hullen Ave, Metairie, LA.
* **WHO**
  + Session 1 of camp is **MANDATORY** for all members of the 2023 Schoolboy (14U), Cadet (16U) and Junior National Dual Teams.
  + Session 2 of camp is **ONLY** for members of the 2023 Junior National Dual Team.
  + Session 1 of dual team camp is highly recommended for all athletes who intend on competing at the Cadet/Junior Nationals held in Fargo, ND, July 15-23.
  + Session 1 of dual team camp is open to all Louisiana varsity wrestlers with a current USAW membership.
* **WHEN**
  + Session 1: June 1-5
    - Thursday June 1st
      * Check In: 8:00am-9:00am
      * Greco Practice: 9:15am-11:30am
      * Freestyle Practice: 4:00pm-6:00pm
    - Friday June 2nd
      * Greco Practice: 9:00am-11:00am
      * Freestyle Practice: 4:00pm-6:00pm
    - Saturday June 3rd
      * Greco Practice: 9:00am-11:00am
      * Freestyle Practice: 4:00pm-6:00pm
    - Sunday June 4th
      * Greco Practice: 9:00am-11:00am
      * Freestyle Practice: 4:00pm-6:30pm (Schoolboys/Cadets uniform pickup)
    - Monday June 5th
      * Greco Practice: 9:00-10:30am
      * Freestyle Practice: 4:00pm-5:30pm
      * Schoolboy/Cadet teams depart: 7:00pm
  + Session 2: June 11-12
    - Sunday June 11th
      * Check In: 10:00am-11:00am
      * Greco Practice: 11:15am-1:30pm
      * Freestyle Practice: 4:00pm-6:30pm(Junior team uniform pickup)
    - Monday June 12th
      * Greco Practice 8:00am-10:00am
      * Freestyle Practice: 2:00pm-4:00pm
      * Junior team depart: 5:00pm
* **COST**
  + **Dual Team Members:** remaining balance of $500 is due at camp check in.
    - (Remaining balance is $1,000 if deposit isn’t turned in.)
  + **Non Dual Team Members:** camp is open to all varisty wrestlers with a current USAW membership and a $200 camp fee.
  + **HOST FAMILIES:** we are offering $100 off your total balance for all families willing to host team members who need lodging during training camp.

**Team LA Competition Schedule**

1. May 26-28, Southeast Regionals. Cherokee, NC. \*

3. June 1-5, National Team Training Camp, Session 1

4. June 6-10, 16U(Cadet) National Duals. Loves Park, IL \*\*

5. June 7-11, 14U(Schoolboy) National Duals. Oaks, PA \*\*

6. June 11-12, Junior National Team Training Camp, Session2

7. June 13-17, Junior National Duals. Tulsa, OK \*\*

8. June 22-24 Kids FS/GR Nationals Training Camp

9. June 26-27, Kids FS/GR Nationals. Farmington, UT\*

10. July 8-13, 16U/Junior Fargo Training Camp

11. July 15-23, USMC 16U/Junior Nationals. Fargo, ND

\*Open Registration

\*\*Invite Only

\*\*\*Potential Coaches (Pat Ritchie, Kendon Kayser, Rod Cusachs, Jon Orillion, Matt Orillion,

George Benoit, Brantley Mcclendon, Ernie Perry, Mike Roach, Pat Mahoney, Ben Cristonis, Nick

Shields, Paul Klein, Conor Karwath, Chuck Rozas)