

# MIDWEST EXTREME WRESTLING CAMP

*Team Midwest Extreme Tour "Train like a Norseman"*

🌀 June 3<sup>rd</sup> and 4<sup>th</sup> 2017 🌀



## St. Amant

**Drew Van Anrooy Undefeated National Champion/  
2x NCAA III Finalist/ 3<sup>rd</sup> at the PAC 12 Championships**

**Coach Billy Huebner Luther College NCAA DIII**

*Decorah, Iowa- Luther College Assistant Coach.*

*Has directed over 400 clinics all over the Midwest and country.*

*Has Coached 9 NCAA trophy teams and Coached 73 All Americans.*

**Place:** St. Amant HS    **Location:** 12035 Louisiana 431 St. Amant, LA 70774

**Cost:** Early Registration Before June 1<sup>st</sup> \$80.00. After June 1<sup>st</sup> \$95.00 Grades 3<sup>rd</sup>-12<sup>th</sup> (Includes T-Shirt)

**REGISTRATION FORMS ARE DUE BY: June 3<sup>rd</sup> 2017 Before Clinic Starts.**

Early Registration should be mailed to Brian B. Hess/43184 Bayou Narcisse Rd./Gonzales LA, 70737

### DATES AND TWO CAMP SESSIONS

Grades 3<sup>rd</sup>-12<sup>th</sup>

Saturday, June 3<sup>rd</sup>    10:00 am - 12:00 pm    (Break 12:00 pm - 1:00 pm)

Saturday, June 3<sup>rd</sup>    1:00 pm - 3:00 pm

Sunday, June 4<sup>th</sup>    10:00 am - 12:00 pm

**Contact:** Brian Hess Cell: 410-430-4255 - Email: [Brian.Hess@apsb.org](mailto:Brian.Hess@apsb.org)

**Contact:** Billy Huebner Cell: 608-790-2468 - Email: [Coachbilly@luther.edu](mailto:Coachbilly@luther.edu)

Completed Registration forms should be mailed to Coach Hess with early registration payment and checks made out to St. Amant Wrestling Club, or brought to the first session along with payment of Cash or Check. All Checks Should be made out to St. Amant Wrestling Club.

**REGISTRATION FORMS ARE DUE BY JUNE 3<sup>rd</sup>.**

### CAMP PHILOSOPHY & GOALS:

This camp implements the Midwest style of wrestling. We teach the campers how to break down opponents, both physically and mentally. This camp has helped wrestlers improve their technique by providing exposure to a variety of wrestling moves and attitudes. We are seeking out the wrestlers that want to strive to become better and be the elite wrestler. Our goal is to take wrestlers to the next level and to expand their knowledge in the sport. We want our campers to better their skills and training habits. These clinics are to help you learn technique and strategies so when you step on that mat during season, you will have the confidence you need to out smart your opponent.

These clinics have something very special happening. We have developed a unique style of wrestling into our teachings. We are known throughout the country for our prowess on our feet, and we will model many of the techniques that help define our style of wrestling. Our philosophy of dominating opponents on top, non-stop movement on bottom, combined with the attitudes of grinding out victories provides a winning way for athletes. These clinics are serious, but we will have fun. By going through these clinics, we will both be part of something special. Take advantage of this opportunity!

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## Wrestler Information

Wrestler: \_\_\_\_\_ Wrestler's Cell: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Parent's Phone: \_\_\_\_\_

Grade in Fall of 2017: \_\_\_\_\_ School: \_\_\_\_\_

Approximate Weight Class: \_\_\_\_\_ Height \_\_\_\_\_

Wrestling Accomplishments: \_\_\_\_\_

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## Parental Permission

As the parent/legal guardian of the above- named athlete, I understand and agree that the City of Gonzales, St Amant Schools, Norse Extreme Wrestling Club and its clinicians, and anyone else connected with the facilities used assume no responsibility for accidents, injuries, medical, or dental expenses incurred by my son/daughter while participating in this program.

Signed (parent or legal guardian):

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Date: \_\_\_\_\_

Email: \_\_\_\_\_

Print parent's or legal guardian's name:

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