

# MIDWEST EXTREME WRESTLING CAMP

*Team Midwest Extreme Tour "Train like a Norseman"*

June 12<sup>th</sup> and 13<sup>th</sup> 2015



## St. Amant

**Coach Billy Huebner Luther College NCAA DIII - Decorah, Iowa- Luther College Assistant Coach.**

*Has directed over 400 clinics all over the Midwest and country.*

*Has Coached 8 NCAA trophy teams and Coached 67 All Americans.*

**Place:** St. Amant HS    **Location:** 12035 Louisiana 431 Saint Amant, LA 70774

**Cost:** \$65.00    **Grades 3<sup>rd</sup> -12<sup>th</sup>** (Includes T-Shirt) **PRE-REGISTRATION FORMS ARE DUE BY: June 12<sup>th</sup> 2015**

### DATES AND CAMP SESSIONS

Grades 3<sup>rd</sup> -12<sup>th</sup>

Friday, June 12 <sup>th</sup>	10:00 am- 12:00 pm
Break	12:00 pm - 1:00 pm
Friday, June 12 <sup>th</sup>	1:00 pm - 3:00 pm
Saturday, June 13 <sup>th</sup>	10:00 am - 12:00 pm

**Contact: Brian Hess Cell: 225-341-9332 Email: [Brian.Hess@apsb.org](mailto:Brian.Hess@apsb.org)**

**Contact: Billy Huebner Cell (608) 790-2468 Email: [Coachbilly@luther.edu](mailto:Coachbilly@luther.edu)**

**Completed Registration forms should be sent to: Brian Hess 43184 Bayou Narcisse Rd Gonzales LA 70737**

**Checks should be enclosed with registration and made payable to: Coach Billy Huebner**

**PRE-REGISTRATION FORMS ARE DUE BY: June 12<sup>th</sup>**

### CAMP PHILOSOPHY & GOALS:

This camp implements the Midwest style of wrestling. We teach the campers how to break down opponents, both physically and mentally. This camp has helped wrestlers improve their technique by providing exposure to a variety of wrestling moves and attitudes. We are seeking out the wrestlers that want to strive to become better and be the elite wrestler. Our goal is to take wrestlers to the next level and to expand their knowledge in the sport. We want our campers to better their skills and training habits. These clinics are to help you learn technique and strategies so when you step on that mat during season, you will have the confidence you need to out smart your opponent.

These clinics have something very special happening. We have developed a unique style of wrestling into our teachings. We are known throughout the country for our prowess on our feet, and we will model many of the techniques that help define our style of wrestling. Our philosophy of dominating opponents on top, non-stop movement on bottom, combined with the attitudes of grinding out victories provides a winning way for athletes. These clinics are serious, but we will have fun. By going through these clinics we will both be part of something special. Take advantage of this opportunity!

**Name:** \_\_\_\_\_ **Wrestler's Cell:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City/State/Zip:** \_\_\_\_\_

**Email:** \_\_\_\_\_ **Home Telephone:** \_\_\_\_\_

**Grade In Fall of 2015:** \_\_\_\_\_ **Weight Class** \_\_\_\_\_ **School** \_\_\_\_\_ **Height** \_\_\_\_\_ **Weight** \_\_\_\_\_

**Wrestling Accomplishments:** \_\_\_\_\_

As the parent/legal guardian of the above named athlete, I understand and agree that the City of Gonzales, St Amant Schools, Norse Extreme Wrestling Club and its clinicians, and anyone else connected with the facilities used assume no responsibility for accidents, injuries, medical, or dental expenses incurred by my son/daughter while participating in this program.

**Signed (parent or legal guardian):** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Print Parent's Names** \_\_\_\_\_ **Email** \_\_\_\_\_ **Parent's Cell** \_\_\_\_\_

