

GNO City Championships

Contact Information:

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When: Jan 24th, 2015 (Saturday)

Where: The Holy Cross Arena 5500 Paris Avenue NOLA 70122

Cost: \$10 per individual wrestler

Varsity: 1 Wrestler per team

Varsity B: 1 Wrestler per team

Track wrestling: I will send your username and password to enter wrestlers

Weigh-ins: Weigh-ins will begin at 8:00 a.m.

Wrestling: Wrestling begins at 10:00 a.m. Matches will be 2-2-2 with 1-2-2 consolation. Medals for top 3 individuals and trophies for top 2 teams.

Champions will receive a sweatshirt.

Concessions will be available all day. Hospitality room for coaches only

Teams are allowed to bring ice chests into the concourse - no food or drink will be allowed in the Arena. The Huddle "concession area" will be available to eat

Teams will be enter via trackwrestling.com

