

GEORGE

TRYGG

MEMORIAL



- Where: Grace King High School
4301 Grace King Place
Metairie, LA. 70002
- When: Friday, December 5th, 2014 @ 4:00 p.m. until (*upstairs gym area)
- Weigh In: Saturday, December 6th @ 7:00 a.m. until (*upstairs gym area)
- Entry Fee: \$15 per wrestler (make checks payable to Grace King High School Wrestling Team) Entry fees must be paid in full @ Saturday's at the conclusion of weigh-ins.
- Entries/
Rosters: All entries must be submitted using Trackwrestling.com. (listed as George Trygg Memorial)
- Format: Double elimination tournament - Varsity (only one wrestler per team/class) Using NHSF rules 14 weight classes per team.
- Awards: 1st & 2nd Place Team trophies – 1st, 2nd, 3rd place – 1st place finishers receive Sweat tops – Sam Sara MVP awards & Christian J Romig” Warrior award & Ray Gremillion Coaching Distinction Award
- Contact
Info: Grace King – (Office) 504-888-7334
Coach Furtado – (cell) 504-723-3905
E-mail – roberto.furtado@jppss.k12.la.us

Entry information must be received via Trackwrestling.com by Thurs, December 4th by 8:00 p.m. In the event of a change or difficulties using trackwrestling.com. You may e-mail me your entries to robert.furtado@jppss.k12.la.us after 5:00 p.m. All entries are final after deadline.

Team/individual Weight-in sheets along with Alph master roster must be turned in to tournament director at time of weigh in to assure compliance to weight management program.

***All wrestlers & coaches must report to the weigh-in area 5 minutes prior to the scheduled weigh-in time and must not leave area until instructed to by weigh master(s). Failure to comply to may result in a forfeit and elimination of entry into the tournament.**