

# MIDWEST EXTREME WRESTLING CAMP

*"Train like a Norseman"*

 August 20<sup>th</sup>, 21<sup>st</sup> and 22<sup>nd</sup>, 2013 @ East Ascension H.S. 

Coach Billy Huebner - Assistant Coach Luther College (NCAA DIII) - Decorah, Iowa:

- *Has directed over 300 clinics all over the Midwest and country;*
- *Has Coached 8 NCAA trophy teams and Coached 64 All Americans.*

**Place:** East Ascension High School    **Location:** 612 E. Worthy St., Gonzales, LA 70737

**Cost:** \$65.00 and \$75.00 after August 15<sup>th</sup>    **Grades K-12<sup>th</sup> (Includes T-Shirt and Poster)**

**PRE-REGISTRATION FORMS ARE DUE BY:**    August, 15th, 2013

## DATES AND CAMP SESSIONS

Tue, Aug 20<sup>th</sup> 5 pm - 7:30 pm

Wed, Aug 21<sup>st</sup> 5 pm - 7:15 pm

Thu, Aug 22<sup>nd</sup> 5 pm - 7:15 pm

**Contact:** Pat Mahoney    Cell 225-715-1917    Email: brwrestlingcoach@yahoo.com

**Contact:** Billy Huebner    Cell (608)790-2468    Email: [Coachbilly@luther.edu](mailto:Coachbilly@luther.edu)

Completed Registration forms should be sent to: Pat Mahoney, 612 E. Worthy St Gonzales, LA 70737

Checks should be enclosed with registration and made payable to: "Coach Billy Huebner"

**PRE-REGISTRATION FORMS ARE DUE BY:**    August 15<sup>th</sup>, 2013 after August 15<sup>th</sup> \$75.00

## CAMP PHILOSOPHY & GOALS:

This camp implements the Midwest style of wrestling. We teach the campers how to break down opponents, both physically and mentally. This camp has helped wrestlers improve their technique by providing exposure to a variety of wrestling moves and attitudes. We are seeking out the wrestlers that want to strive to become better and be the elite wrestler. Our goal is to take wrestlers to the next level and to expand their knowledge in the sport. We want our campers to better their skills and training habits. These clinics are to help you learn technique and strategies so when you step on that mat during season, you will have the confidence you need to out smart your opponent.

These clinics have something very special happening. We have developed a unique style of wrestling into our teachings. We are known throughout the country for our prowess on our feet, and we will model many of the techniques that help define our style of wrestling. Our philosophy of dominating opponents on top, non-stop movement on bottom, combined with the attitudes of grinding out victories provides a winning way for athletes. These clinics are serious, but we will have fun. By going through these clinics we will both be part of something special. Take advantage of this opportunity!

**Name:** \_\_\_\_\_ **Wrestler's Cell:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City/State/Zip:** \_\_\_\_\_

**Email:** \_\_\_\_\_ **Home Telephone:** \_\_\_\_\_

**Grade in Fall of 2013:** \_\_\_\_\_ **Height** \_\_\_\_\_ **Weight** \_\_\_\_\_ **School** \_\_\_\_\_

**Wrestling Accomplishments** \_\_\_\_\_

As the parent/legal guardian of the above named athlete, I understand and agree that the City of Gonzales, East Ascension Schools, Norse Extreme Wrestling Club and its clinicians, and anyone else connected with the facilities used assume no responsibility for accidents, injuries, medical, or dental expenses incurred by my son/daughter while participating in this program.

**Signature (parent or legal guardian):** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent's Name (Print):** \_\_\_\_\_

**Email:** \_\_\_\_\_ **Parent's Cell:** \_\_\_\_\_

**Other Contact Info.:** \_\_\_\_\_